Exercise: Take 15 minutes and complete the following exercise

Building margins is about taking deliberate actions that give you time to think and act safely in complex and dynamic environments while accounting for human errors. It is a safety net for the risky act of walking over the chasm of bad outcomes on the high wire of uncertainty.

1. What are you already doing personally or with your home unit that is increasing margin for you and/or your crew? Think of a couple of examples and share them with the group.

   Consider:
   - Personal financial health
   - Personal relationships. Are they in need of maintenance?
   - Attitude
   - Mental and physical fitness
   - Crew conditions
   - Organizational conditions

As a group discuss how you might continue to build margin for you and your crew

   Consider:
   - Before the fire season
   - During the fire season
   - After the fire season

2. We cannot expect to build margin while we are working if we haven’t practiced how to do it.

   a. What are the strategies or practices you plan to implement to help build margin in real time while you are engaged in work? Share with your group two things you will do.

   b. A great tickler is “Take 5 at 2”; it is a practice that you can literally set your watch to. It initiates a time to reflect, reassess and if necessary change your behavior.
Explore the Tech Tools web page on the WFSTAR website. Tech tools purpose is to provide a place for firefighters to get technology that helps them do their job safer and more efficiently.

Module Evaluation QR code